

NORTHLAND CHRISTIAN COUNSELING CENTER

ANNUAL REPORT

2018 Updates

4688 -
Hours
Counseled

\$18,414 -
Donations
received on
Giving Hearts
Day 2018

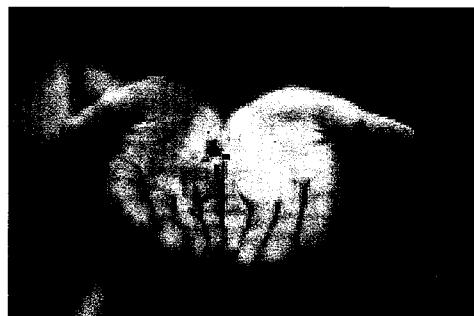
87 -
Clients who
received
financial help
from our Client
Assistance Fund
in 2018

Board Members

Jeffrey John
Wendy Wood
Patrick Severson
Brian Perreault
Mark Benson
Nathan Johnson
Scott Hulst

Dear Friend,

I was working with a person today and was struck by a common error many of us do. This person had spent many years in Christian work and had learned to "stuff" her feelings. She tried to wrestle her heart into "behaving." By that I mean when she would feel an emotion that didn't live up to the standard of what the Bible said or what she thought she ought to feel she would attempt to "strong arm" or will her heart into feeling what she thought she ought it ought to feel.



I stopped her at one point and asked, "Do you believe feelings are real?" I was quick to explain that feelings are real things and to treat them as if they were like vapor would be a misunderstanding of their nature. Feelings are present and concrete and need to be handled the same way you would handle any other reality.

There are for sure surface feelings that come and go that I have if I haven't eaten enough or slept enough for example. (You could make a case that even surface feelings indicate something too.) The feelings this person was having wouldn't ever be resolved until she faced them head on, owned them and then found some way of expressing them honestly and nondestructively.

David did that in the Psalms, Jeremiah in Lamentations and Paul in numerous places as he expressed his worship of God. I encouraged her to turn these real things into a prayer. "Let God change you and stop trying to self sanctify by using your self will." This person had many decades of what I call "emotional legalism." That is she is creating a "law" of how she should feel if I'm a Christian and then trying her hardest to make herself feel those things. There is certainly a place for self will but it isn't in trying to change my feelings. Only the Spirit of God changes those kinds of things.

Sincerely,
Stephen Seay

2018 Financial Report

Income:	2016	2017	2018
Counseling Fees Income	\$507,975	\$463,980	\$591,898
Interest & Other Income	14	14	88
Donations- Client Assistance	12,286	11,349	11,040
Donations- General	33,245	47,452	63,595
Total Income:	\$571,277	\$542,320	\$666,621
Expenses:			
Program Services	\$291,701	\$262,894	\$377,322
Management & General	234,517	245,119	278,784
Total Expenses:	\$526,219	\$508,013	\$656,106
Net Income:	\$45,059	\$34,308	\$28,929

Northland Christian Counseling Center believes that God, through the Lord Jesus Christ, has all power to guide and carry people through the hurt, uncertainty, and pain of their lives. In the process of counseling and within the context of a caring community of believers, each individual client is offered healing, restoration, strength, love and comfort.

Lives touched by NCCC

"A mother of a 10-month old daughter made an appointment with NCCC. She was unmotivated, had no energy and her head was foggy. She was diagnosed with ADHD. She is now focused on her job, quit smoking, and her and her husband started marital counseling. The best part about this story is Jesus, she is now saved and excited for life!"
-Shared by a clinician of NCCC

"It is difficult to find words to express the gratitude I feel for God's provision through NCCC. My counselor has been a very patient counselor, seeing with the eyes God has given him, to sense what I needed to hear and learn in order to process the reality of my situation. More than once the holy spirit was present in that counsel. It is my real hope to give back to NCCC in the future, to help another in need."
-A grateful client at NCCC